

# SUMMER SCHEDULE 2025

(SESSION 1) July 7th - July 24th (SESSION 2) July 28th - August 14th

	MON			TUES			WED			THUR		
studio	D1	D2	D3	D1	D2	D3	D1	D2	D3	D1	D2	D3
4 PM	<b>4:00-4:45</b> <b>Tiny Tappers</b> <i>Ages 3-4   45 Min</i>	<b>4:00-5:15</b> <b>Mini/Jr Co. Ballet</b>	<b>4:15-5:15</b> <b>Petite Co. Ballet</b>	<b>4:15-5:00</b> <b>Mini Movers</b> <i>Ages 2-3   45 Min</i>	<b>4:15-5:00</b> <b>Tiny Tumblers</b> <i>Ages 4-6   45 Min</i>	<b>4:15-5:00</b> <b>Jazz</b> <i>Ages 7-9   45 Min</i>	<b>3:45-4:30</b> <b>Ballet</b> <i>Ages 6-8   45 Min</i>	<b>4:00-5:15</b> <b>Mini/Jr Co. Ballet</b>	<b>4:15-5:15</b> <b>Petite Co. Ballet</b>	<b>4:00-4:45</b> <b>Lyrical</b> <i>Ages 5-7   45 Min</i>	<b>4:00-4:45</b> <b>Jazz Funk</b> <i>Ages 8-10   45 Min</i>	<b>4:00-4:45</b> <b>Contemporary</b> <i>Ages 11-13   45 Min</i>
5 PM	<b>4:45-5:30</b> <b>Strength &amp; Flexibility</b> <i>Ages 14+   45 Min</i>		<i>75 Min</i>	<i>60 Min</i>	<b>5:00-5:45</b> <b>Hip Hoperinas</b> <i>Ages 4-6   45 Min</i>	<b>5:00-5:45</b> <b>Inter./Adv. Acro-Tumbling</b> <i>45 Min</i>	<b>5:00-5:45</b> <b>Ballet</b> <i>Ages 7-9   45 Min</i>		<b>4:30-5:15</b> <b>Jazz Funk</b> <i>Ages 6-8   45 Min</i>	<i>75 Min</i>	<i>60 Min</i>	<b>4:45-5:30</b> <b>Tap</b> <i>Ages 11-13   45 Min</i>
6 PM	<b>5:30-6:15</b> <b>Leaps and Turns</b> <i>Ages 14+   45 Min</i>	<b>5:15-6:15</b> <b>Mini/Jr Co. Jazz Tech</b> <i>60 Min</i>	<b>5:15-6:15</b> <b>Petite Co. Strength &amp; Conditioning</b> <i>60 Min</i>	<b>5:45-6:30</b> <b>Hip Hop</b> <i>Ages 7-9   45 Min</i>	<b>5:45-6:30</b> <b>All About Ariels*</b> <i>45 Min</i>	<b>5:45-6:30</b> <b>Thera-Bands for Stronger Feet</b> <i>45 Min</i>	<b>5:15-6:00</b> <b>Hip Hop</b> <i>Ages 8-10   45 Min</i>	<b>5:15-6:15</b> <b>Mini/Jr Co. Jazz Tech</b> <i>60 Min</i>	<b>5:15-6:15</b> <b>Petite Co. Strength &amp; Conditioning</b> <i>60 Min</i>	<b>5:30-6:15</b> <b>Hip Hoperinas</b> <i>Ages 3-5   45 Min</i>	<b>5:30-6:15</b> <b>Beginning Acro/Tumbling</b> <i>45 Min</i>	<b>5:30-6:15</b> <b>Thera-Bands for Stronger</b> <i>45 Min</i>
7 PM	<b>6:15-7:00</b> <b>Tap</b> <i>Ages 7-9   45 Min</i>		<b>6:15-7:15</b> <b>Advanced Int. Acro-Tumbling</b> <i>60 Min</i>	<b>6:15-7:15</b> <b>Leaps &amp; Turns</b> <i>Ages 12-14   60 Min</i>	<b>6:30-7:15</b> <b>Lyrical</b> <i>Ages 10-12   45 Min</i>	<b>6:30-7:45</b> <b>Tween/Teen Co. Jazz Tech</b> <i>75 Min</i>	<b>6:30-7:45</b> <b>Senior Co Ballet</b> <i>75 Min</i>		<b>6:00-7:00</b> <b>Leaps &amp; Turns</b> <i>(Ages 8-10)   60 Min</i>	<b>6:15-7:00</b> <b>Foam Rolling for Flexibility</b> <i>45 Min</i>	<b>6:15-7:00</b> <b>Advanced Jazz Tech</b> <i>Ages 13-15   45 Min</i>	<b>6:15-7:00</b> <b>Summer Stretch</b> <i>45 Min</i>
8 PM	<b>7:00-7:45</b> <b>Hip Hop</b> <i>Ages 8-10   45 Min</i>	<b>7:15-8:00</b> <b>All About Adv. Ariels*</b> <i>45 Min</i>	<b>7:15-8:15</b> <b>Contemporary &amp; Improvization</b> <i>Ages 12-14   60 Min</i>	<b>7:15-8:15</b> <b>Leaps &amp; Turns</b> <i>Ages 10-12   60 Min</i>	<b>7:45-9:00</b> <b>Senior Co. Jazz Tech</b> <i>75 Min</i>	<b>7:45-9:00</b> <b>Teen/Tween Co. Ballet</b> <i>75 Min</i>	<b>7:00-7:45</b> <b>Lyrical</b> <i>Ages 9-11   45 Min</i>	<b>7:00-7:45</b> <b>Beg./Int. Acro-Tumbling</b> <i>45 Min</i>	<b>7:00-7:45</b> <b>Leaps &amp; Turns</b> <i>Ages 13-15   45 Min</i>	<b>7:00-7:45</b> <b>Jazz</b> <i>(Highschool)   45 Min</i>	<b>7:30-8:45</b> <b>Senior Co. Strength &amp; Conditioning</b> <i>75 Min</i>	<b>7:30-8:45</b> <b>Teen/Tween Co. Ballet</b> <i>75 Min</i>
9 PM	<b>7:45-8:30</b> <b>Lyrical</b> <i>Ages 8-10   45 Min</i>		<b>8:00-9:00</b> <b>Advanced Technique</b> <i>(Highschool)   60 Min</i>	<b>8:15-9:00</b> <b>Hip Hop</b> <i>Ages 12-14   45 Min</i>	<b>8:15-9:00</b> <b>Hip Hop</b> <i>Ages 10-12   45 Min</i>				<b>7:45-8:30</b> <b>Jazz</b> <i>Ages 9-11   45 Min</i>	<b>7:45-8:30</b> <b>All About Ariels*</b> <i>45 Min</i>	<b>7:45-8:30</b> <b>Summer Stretch</b> <i>45 Min</i>	<b>7:45-8:45</b> <b>Advanced Leaps &amp; Turns</b> <i>(Highschool)   60 Min</i>
	* Reserved for students enrolled in 6:15 ADVANCED INT. ACRO-TUMBLING. Must have side aerial on the floor without spot. CLASS CAPACITY LIMITED.			* Reserved for students enrolled in 5:00 INTER./ADV. ACRO-TUMBLING. CLASS CAPACITY LIMITED.			* Reserved for students enrolled in 7:00 BEG./INT. ACRO-TUMBLING. CLASS CAPACITY LIMITED.					